

Ontario Skills Passport Reflection Worksheet

Name:

Date:

Experience:

Who am I?	<p>What Essential Skills and work habits did I develop and demonstrate?</p> <p>What did I learn about myself from this experience?</p>
What are my opportunities?	What other experiences can I pursue that can help me apply and further develop my Essential Skills and work habits?
Who do I want to become?	How do my Essential Skills and work habits prepare me for the types of occupations that I have identified in my goals?
What is my plan to achieve my goals?	<p>Are there any Essential Skills and work habits that I need to further develop to achieve these goals?</p> <p>What is my next step to further develop my Essential Skills and work habits?</p>

Save this reflection with your OSP Experiential Learning Worksheet in your Individual Pathways Plan (IPP).

